

RUN COURSE

- 3.15 miles
- 120 ft. climb

This challenging run course takes athletes along the shoreline of Cross Lake and the Western Hills of Shreveport.

TURN BY TURN

- 0.0 mi - START
- 0.1 mi - Turn left onto S. Lakeshore Dr.
- 0.5 mi - Turn right onto Gorton Rd.
- 0.6 mi - Turn right to stay on Gorton Rd.
- 0.9 mi - Turn right onto Bradford Dr.
- 1.2 mi - Turn left onto Lake Hills Dr.
- 1.4 mi - Turn left onto Debbie St.
- 1.6 mi - Turn right onto Gorton Rd.
- 1.7 mi - Turn left onto Dianne St.
- 1.8 mi - Turn left onto Sandra Dr.
- 2.5 mi - Continue straight onto Gorton Rd.
- 2.7 mi - Turn left onto S. Lakeshore Dr.
- 3.1 mi - Turn right into El Karubah
- 3.15 mi - FINISH

DISTANCE
3.15 MI

TRANSITION AREA

- Swimmers to T1
- Runners
- Bikers
- Finish
- Transition Area

