

SUNRISE TRIATHLON #3
Sunday - JUNE 22, 2008

Results by Atomic Racing Systems

MALE OVERALL WINNER															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Final
1	35 Madison Flowers	FORT WORTH TX	30			30	6:59	1:33	0:53	37:43	23.9	0:31	16:41	5:34	1:02:46

FEMALE OVERALL WINNER															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Final
1	42 Louise Smyth	SHREVEPORT LA	26			26	7:33	1:41	0:41	40:01	22.5	0:43	22:58	7:40	1:11:55

MALE 1 - 14 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	76 Blake Powell	FARMERVILLE LA	13			14	9:49	2:11	0:42	49:39	18.1	0:30	33:25	11:09	1:34:02
2	125 Luke Keen					8	9:05	2:02	2:21	1:06:47	13.5	1:07	32:10	10:44	1:51:28

FEMALE 1 - 14 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	117 Ashton Keen	SHREVEPORT LA	12			12	9:06	2:02	1:49	1:00:54	14.8	0:43	29:04	9:42	1:41:34
2	22 TYRA BROWN	SHREVEPORT LA	14			14	8:11	1:49	2:21	59:48	15.1	0:40	32:59	11:00	1:43:57

MALE 15 - 19 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	104 Cameron Mehl	SHREVEPORT LA	19			19	8:13	1:50	0:22	39:29	22.8	0:27	19:16	6:26	1:07:44
2	78 ZACHARY OVERSTREET	STONEWALL LA	16			17	8:04	1:48	0:59	48:21	18.6	0:34	20:39	6:53	1:18:35
3	7 Joseph Pagni	SHREVEPORT LA	17			17	9:20	2:05	2:36	48:10	18.7	0:35	22:37	7:33	1:23:17
4	96 Michel Largelier	N.RICHALNDHILLS TX	17			18	9:35	2:08	1:51	58:41	15.3	0:43	25:42	8:34	1:36:31

FEMALE 15 - 19 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	94 Olivia Bach	MARSHALL TX	17			18	8:06	1:48	1:11	44:37	20.2	1:02	23:24	7:48	1:18:18
2	15 courtney lang	BENTON LA	18			18	8:56	1:59	1:12	51:58	17.3	0:31	30:40	10:14	1:33:14
3	74 Lily Cowles	SHREVEPORT LA	17			17	10:25	2:19	2:12	54:59	16.4	1:21	26:28	8:50	1:35:23

MALE 20 - 24 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	63 matthew henfey	SHREVEPORT LA	24			24	9:13	2:03	1:18	45:14	19.9	0:28	21:49	7:17	1:18:00
2	16 Aaron Cosby	SHREVEPORT LA	20			20	8:39	1:56	0:42	47:36	18.9	0:47	27:17	9:06	1:24:59
3	102 Johnny Kelley	DE BERRY TX	22			22	9:58	2:13	0:35	50:18	17.9	1:20	25:24	8:28	1:27:33
4	80 DEREK ELLIS	BOSSIER CITY LA	24			24	8:20	1:52	2:35	50:16	17.9	0:40	27:55	9:19	1:29:45
5	2 Philip Simmons	BOXXIER CITY LA	24			24	9:00	2:00	2:11	47:20	19.0	0:40	31:54	10:38	1:31:04
6	93 Chase Ratley	SHREVEPORT LA	20			21	7:54	1:46	1:06	1:00:01	15.0	0:28	33:43	11:15	1:43:10

FEMALE 20 - 24 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	23 Lindsey Moore	TYLER TX	22			22	7:58	1:47	1:21	48:36	18.5	0:37	23:19	7:47	1:21:49
2	26 Anne Bourgeois	SHREVEPORT LA	22			22	7:42	1:43	1:07	52:26	17.2	0:26	23:26	7:49	1:25:06
3	120 Katie Shadowens	DE BERRY TX	19			20	8:05	1:48	1:23	52:09	17.3	1:02	25:20	8:27	1:27:57
4	109 Evelyn Scarborough	SHREVEPORT LA	24			24	9:32	2:08	1:55	51:41	17.4	1:47	32:16	10:46	1:37:10
5	83 KATIE ELLIS	BOSSIER CITY LA	20			20	10:19	2:18	2:27	54:46	16.4	0:45	29:48	9:56	1:38:04
6	79 TINA ELLIS	BOSSIER CITY LA	24			24	9:42	2:10	1:44	50:38	17.8	0:51	35:38	11:53	1:38:32
7	33 Danielle Stanley	MARSHALL TX	23			23	9:01	2:01	1:58	57:16	15.7	0:59	29:57	9:59	1:39:09

MALE 25 - 29 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	72 Casey Bowen	SHREVEPORT LA	27			27	5:19	1:11	1:02	38:54	23.1	0:35	21:24	7:08	1:07:12
2	115 david reiland	SHREVEPORT LA	25			25	7:31	1:41	0:43	39:47	22.6	0:38	20:05	6:42	1:08:43
3	127 Dusty Williams		27			28	8:20	1:51	0:44	41:40	21.6	0:41	23:53	7:58	1:15:16
4	25 Nick Vanni	SHREVEPORT LA	26			26	8:54	1:59	1:04	46:14	19.5	0:33	20:16	6:46	1:16:59
5	60 James Barrow	SHREVEPORT LA	29			29	7:37	1:42	1:11	41:29	21.7	1:04	25:41	8:34	1:17:00
6	10 Christopher Conant	SHREVEPORT LA	24			25	9:27	2:06	0:31	45:48	19.7	0:36	20:43	6:55	1:17:03
7	31 James Moeller	NEW ORLEANS LA	26			27	7:44	1:44	0:32	44:19	20.3	0:29	24:56	8:19	1:17:58
8	43 Danny Kinnamon	HALLSVILLE TX	25			26	9:26	2:06	0:55	43:21	20.8	0:41	23:37	7:53	1:17:59
9	89 Gregg Hemphill	SHREVEPORT LA	25			25	9:15	2:04	2:14	51:27	17.5	1:15	29:23	9:48	1:33:33
10	64 Derek Harper	BOSSIER CITY LA	29			28	10:27	2:20	2:26	52:23	17.2	0:46	29:59	10:00	1:35:59
11	122 Steve Kitchens	SHREVEPORT LA	25			26	9:45	2:10	1:59	1:00:36	14.9	0:25	23:39	7:53	1:36:22
12	36 Michael Waites	BOSSIER CITY LA	25			26	9:54	2:12	2:00	54:49	16.4	1:30	30:43	10:15	1:38:56

FEMALE 25 - 29 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	98 Susan Vaughan	SHREVEPORT LA	24			25	7:46	1:44	1:29	41:52	21.5	0:41	25:26	8:29	1:17:11
2	30 Alexis Polk	HARVEY LA	26			26	9:03	2:01	2:05	54:50	16.4	0:36	28:32	9:31	1:35:04
3	11 jacqueline brettner	NEW ORLEANS LA	27			28	10:16	2:17	1:27	49:26	18.2	0:50	33:16	11:06	1:35:14
4	105 Casey Aaron	SHREVEPORT LA	25			26	9:56	2:13	2:59	57:57	15.5	1:03	25:53	8:38	1:37:45

MALE 30 - 34 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	107 Seth Ozasa	SHREVEPORT LA	32			33	6:44	1:30	0:18	36:19	24.8	0:32	19:47	6:36	1:03:38
2	32 Matthew Feno	KARNACK TX	30			31	7:28	1:40	0:58	40:10	22.4	0:42	22:31	7:31	1:11:47

3	34	Blake Bextine	TYLER TX	34	34	5:54	1:19	0:42	45:43	19.7	0:44	22:23	7:28	1:15:23
4	20	Chris Lee	SHREVEPORT LA	32	32	9:07	2:02	0:42	46:51	19.2	0:55	24:41	8:14	1:22:14
5	91	Tobias Partington	SHREVEPORT LA	31	32	10:46	2:24	0:57	44:52	20.1	1:27	25:14	8:25	1:23:15
6	3	Joshua Pettigrew	SHREVEPORT LA	30	31	8:20	1:52	1:23	53:01	17.0	0:25	22:25	7:29	1:25:33
7	90	Devin Gore	SHREVEPORT LA	31	32	10:33	2:21	2:26	45:02	20.0	1:00	26:36	8:52	1:25:36
8	24	Corey Wichelns	SHREVEPORT LA	33	34	8:39	1:56	2:06	49:11	18.3	1:46	27:34	9:12	1:29:14
9	100	Tony Thornton	BOSSIER CITY LA	32	33	10:49	2:25	2:34	57:05	15.8	0:36	33:14	11:05	1:44:16

FEMALE 30 - 34 DIVISION

Place No.	Name	City	St Ag	Usat Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time	
1	37	Julie Lessiter	HAUGHTON LA	32	32	8:27	1:53	1:08	44:31	20.2	1:11	22:11	7:24	1:17:25
2	9	Kimberly McLain	BOSSIER CITY LA	33	34	11:12	2:30	1:09	46:45	19.3	0:49	28:43	9:35	1:28:35
3	108	Renee Beyer	SHREVEPORT LA	30	31	12:55	2:53	1:38	50:14	17.9	1:00	28:12	9:24	1:33:57
4	50	Christie Benton	NACOGDOCHES TX	31	32	9:27	2:06	1:53	53:30	16.8	1:07	29:28	9:50	1:35:23

MALE 35 - 39 DIVISION

Place No.	Name	City	St Ag	Usat Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time	
1	6	John Pat Bullock	SHREVEPORT LA	37	37	7:14	1:37	0:24	36:02	25.0	0:31	20:59	7:00	1:05:09
2	45	Dustin Finley	GERMANTOWN TN	36	37	6:51	1:32	0:24	38:44	23.2	0:35	19:27	6:29	1:05:59
3	40	Jeffrey Howells	SHREVEPORT LA	37	37	6:15	1:24	0:28	38:50	23.2	0:42	21:08	7:03	1:07:20
4	129	Carlos Sanchez-Gonza		35	35	9:16	2:04	0:52	42:32	21.2	0:39	19:22	6:28	1:12:39
5	62	Alan Harris	SHREVEPORT LA	36	36	9:01	2:01	0:47	45:07	19.9	0:34	18:32	6:11	1:13:58
6	44	Jeff Heun	SHREVEPORT LA	35	35	8:11	1:49	1:15	41:28	21.7	1:19	28:03	9:21	1:20:14
7	12	Stephen Vekovius	SHREVEPORT LA	37	38	8:33	1:54	1:07	46:14	19.5	1:05	26:42	8:54	1:23:38
8	71	jamie davis	SHREVEPORT LA	35	35	8:00	1:47	1:43	48:43	18.5	0:53	25:36	8:32	1:24:53
9	17	Eric Toups	SHREVEPORT LA	34	35	11:27	2:33	2:57	55:30	16.2	1:01	29:29	9:50	1:40:22

FEMALE 35 - 39 DIVISION

Place No.	Name	City	St Ag	Usat Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time	
1	73	Elka Anderson	BOSSIER CITY LA	36	36	8:50	1:58	0:46	40:26	22.3	0:40	24:06	8:02	1:14:45
2	61	Lisa Harris	SHREVEPORT LA	37	37	9:11	2:03	1:04	44:52	20.1	0:50	22:30	7:30	1:18:25
3	56	Melissa Batson	WEST MONROE LA	37	38	10:03	2:14	0:52	47:39	18.9	0:53	26:26	8:49	1:25:51
4	58	Heather Bradford	SHREVEPORT LA	35	35	8:47	1:57	1:42	53:57	16.7	0:38	32:05	10:42	1:37:07
5	48	Stephanie Hollis	SHREVEPORT LA	38	39	10:17	2:18	2:11	53:50	16.7	0:39	32:26	10:49	1:39:21
6	53	Christen Sutherland	SHREVEPORT LA	37	38	11:02	2:28	1:18	54:42	16.5	0:58	33:41	11:14	1:41:40
7	121	Paula Wallace	SHREVEPORT LA	39	39	11:28	2:33	1:24	55:53	16.1	0:49	34:10	11:24	1:43:42
8	46	Vicki Su	SHREVEPORT LA	38	38	10:46	2:24	1:36	1:09:50	12.9	0:45	34:19	11:27	1:57:13

MALE 40 - 44 DIVISION

Place No.	Name	City	St Ag	Usat Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time	
1	81	David Dempsey	BOSSIER CITY LA	44	44	8:43	1:57	1:00	39:49	22.6	0:47	19:48	6:36	1:10:06
2	82	Dave Navalance	SHREVEPORT LA	40	40	9:06	2:02	1:08	43:51	20.5	0:45	25:19	8:27	1:20:08
3	47	Ted Hollis	SHREVEPORT LA	43	43	8:53	1:59	2:26	46:53	19.2	1:10	21:48	7:16	1:21:09
4	59	Patrick Kimball	ARLINGTON TX	42	42	10:13	2:17	0:49	45:31	19.8	0:58	23:43	7:55	1:21:13
5	1	Mike Kuhr	SHREVEPORT LA	41	41	9:49	2:11	0:42	43:22	20.8	1:15	28:30	9:30	1:23:38
6	130	John Whitten		40	40	10:04	2:15	2:28	46:56	19.2	0:38	27:08	9:03	1:27:12
7	88	RUSSELL SLACK	SHREVEPORT LA	42	43	9:59	2:13	3:04	49:13	18.3	0:59	24:13	8:05	1:27:26
8	70	Jason Alleman	SHREVEPORT LA	42	42	8:56	1:59	2:16	58:50	15.3	1:18	26:46	8:56	1:38:04

FEMALE 40 - 44 DIVISION

Place No.	Name	City	St Ag	Usat Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time	
1	68	Jennifer Angelo	BOSSIER CITY LA	41	41	10:09	2:16	1:16	45:05	20.0	1:16	25:52	8:38	1:23:36
2	55	Stephanie Gotberg	SHREVEPORT LA	43	43	9:37	2:09	1:06	46:22	19.4	0:58	27:10	9:04	1:25:12
3	103	Paula Lopez	LONGVIEW TX	41	41	13:06	2:55	1:52	47:17	19.0	1:34	30:14	10:05	1:34:02
4	41	Rosemary Kimball	SHREVEPORT LA	44	44	12:16	2:44	0:55	54:48	16.4	1:23	35:46	11:56	1:45:07
5	21	ALLISON THOMPSON	SHREVEPORT LA	40	41	11:54	2:39	2:25	59:18	15.2	2:10	34:36	11:32	1:50:22

MALE 45 - 49 DIVISION

Place No.	Name	City	St Ag	Usat Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time	
1	38	Mike McHalfey	BOSSIER CITY LA	49	49	8:02	1:47	0:41	37:01	24.3	0:39	19:22	6:28	1:05:42
2	14	jeff lang	BENTON LA	45	45	8:51	1:58	0:36	39:12	23.0	0:38	21:17	7:06	1:10:32
3	29	Brian Dolive	LONGVIEW TX	48	49	10:30	2:20	1:47	48:27	18.6	0:49	28:19	9:27	1:29:50
4	116	Patrick Keen	SHREVEPORT LA	45	46	8:46	1:57	2:41	55:58	16.1	0:34	23:50	7:57	1:31:48
5	75	GREG BELL	HAUGHTON LA	46	47	8:25	1:53	0:43						

FEMALE 45 - 49 DIVISION

Place No.	Name	City	St Ag	Usat Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time	
1	111	Kay Deberardinis	SHREVEPORT LA	45	45	9:08	2:02	1:39	46:32	19.3	0:54	31:12	10:24	1:29:23
2	86	Debbie Roeten	SHREVEPORT LA	48	48	10:22	2:19	1:27	47:35	18.9	0:36	29:50	9:57	1:29:49
3	66	Terrie Johnson	BOSSIER CITY LA	48	48	10:40	2:23	1:16	44:48	20.1	1:15	32:34	10:52	1:30:31
4	65	Karen Eychaner	BOSSIER CITY LA	48	48	9:41	2:09	1:03	51:53	17.3	1:23	30:32	10:11	1:34:30
5	4	Linda Pope	SHREVEPORT LA	45	46	7:39	1:42	2:16	56:18	16.0	0:51	28:24	9:28	1:35:26
6	19	Cheryl Webb	SHREVEPORT LA	46	46	12:33	2:48	2:49	50:15	17.9	1:16	30:33	10:11	1:37:24
7	69	Martha Howe	SHREVEPORT LA	46	47	10:44	2:24	1:24	50:34	17.8	1:04	36:12	12:04	1:39:56

MALE 50 - 54 DIVISION

Place No.	Name	City	St Ag	Usat Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time	
1	126	Jim Balfe		53	53	8:24	1:52	0:52	38:52	23.2	0:39	22:27	7:29	1:11:12
2	118	Scott Harville	BOSSIER CITY LA	51	51	8:08	1:49	1:03	43:05	20.9	0:45	25:01	8:21	1:18:00
3	99	John Reisz	SHREVEPORT LA	50	51	8:36	1:55	1:57	45:27	19.8	0:56	28:10	9:24	1:25:05
4	128	Mike Williams		50	50	11:55	2:39	1:19	45:31	19.8	1:21	31:02	10:21	1:31:07
5	84	ALLEN ELLIS	BOSSIER CITY LA	53	53	10:06	2:15	2:58	54:40	16.5	0:54	28:33	9:31	1:37:09

FEMALE 50 - 54 DIVISION

Place No.	Name	City	St Ag	Usat Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
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1	113	Suzanne Robicheaux	SHREVEPORT LA	50	51	10:00	2:14	0:44	44:04	20.4	0:54	33:40	11:14	1:29:19
2	8	Julie Nix	SHREVEPORT LA	53	53	10:22	2:19	0:44	50:43	17.7	0:39	32:46	10:56	1:35:13
3	51	Tanya Tingle	SHREVEPORT LA	53	54	11:10	2:29	1:41	53:52	16.7	0:44	35:34	11:52	1:42:59

MALE 55 - 59 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	119	Stephen Terese	SHREVEPORT LA	56	57	10:35	2:22	1:32	47:26	19.0	1:14	24:03	8:01	1:24:48	
2	123	Rick Yates	SHREVEPORT LA	57	57	9:29	2:07	1:52	47:07	19.1	2:05	36:21	12:07	1:36:51	
3	85	DANNY TRIPLETT	SHREVEPORT LA	58	59	10:12	2:16	3:47	1:01:20	14.7	1:11	43:13	14:25	1:59:40	

FEMALE 55 - 59 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	101	Sandy Triplett	SHREVEPORT LA	58	58	8:37	1:55	0:50	46:45	19.3	0:58	30:11	10:04	1:27:19	
2	87	TERRY HARKEY	SHREVEPORT LA	56	56	11:32	2:34	1:44	49:44	18.1	1:05	39:43	13:15	1:43:47	

MALE 60 - 64 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	114	William Simpson	MARSHALL TX	64	64	9:14	2:03	3:00	56:20	16.0	2:16	42:19	14:07	1:53:06	

FEMALE 60 - 64 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
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MALE 65 - 99 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	39	Joe Hinton	BOSSIER CITY LA	68	68	9:57	2:13	1:40	48:59	18.4	1:05	28:58	9:40	1:30:36	
2	124	Petsey Miller		70	70	12:06	2:42	1:05	49:23	18.2	0:30	34:19	11:27	1:37:21	

FEMALE 65 - 99 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
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