

# SUNRISE TRI #1 RUN COURSE

- 2 miles
- Out-and-back

## TURN BY TURN

- 0.0 mi - Head north and turn left onto Flyer Dr.
- 0.1 mi - Turn left onto Knight St.
- 0.3 mi - Turn right onto E. Preston Ave.
- 1.0 mi - Turn around and head east on E. Preston Ave. (near baseball fields)
- 1.7 mi - Turn left onto Knight St.
- 1.9 mi - Turn right onto Flyer Dr.
- 2.0 mi - Turn right onto YMCA driveway and make a short dash for finish line



DISTANCE  
**2 MI**

CENTER

Distance Markers    Units  
 Imperial  
 Metric

Elevation     Traffic  
 Bicycle Paths

Scroll to Zoom

