

SUNRISE TRIATHLON #1
 Sunday - May 7, 2006
 400yds, 12M Bike, 2M Run

Results by Atomic Racing Systems

MALE OVERALL WINNER														
Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	94	Calvin	Sears	SHREVEPORT	LA	47	47	6:50	30:28	23.6	13:30	6:45		50:47
FEMALE OVERALL WINNER														
Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	86	Brenda	Antee	SHREVEPORT	LA	43	43	8:13	35:22	20.4	16:30	8:15		1:00:03
MALE 1 - 19 DIVISION														
Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	106	Luke	Bell	MARSHALL	TX	14	15	10:40	35:34	20.2	16:48	8:24		1:03:00
2	3	Scott	Cook	SHREVEPORT	LA	13	13	7:54	44:58	16.0	18:22	9:11		1:11:13
3	69	Tommy	Foster	SHREVEPORT	LA	14	15	12:17	38:28	18.7	20:47	10:24		1:11:31
4	64	Phillip	Gill	SHREVEPORT	LA	11	12	16:06	1:01:13	11.8	34:00	17:00		1:51:18
FEMALE 1 - 19 DIVISION														
Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	15	Sarie	Swearingen	SHREVEPORT	LA	18	18	8:07	44:24	16.2	18:42	9:21		1:11:12
MALE 20 - 24 DIVISION														
Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	17	Jose	Cadelina	BOSSIER CITY	LA	23	24	8:12	35:43	20.2	16:09	8:05		1:00:04
2	27	Nick	Vanni	SHREVEPORT	LA	24	24	9:23	37:53	19.0	13:37	6:49		1:00:52
FEMALE 20 - 24 DIVISION														
Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	96	Susan	Vaughan	SHREVEPORT	LA	23	23	9:06	36:55	19.5	16:22	8:11		1:02:22
2	84	Louise	Smyth	SHREVEPORT	LA	23	24	10:09	38:12	18.8	16:26	8:13		1:04:47
3	5	Margaret	Beadle	SHREVEPORT	LA	24	24	7:51	42:42	16.9	17:38	8:49		1:08:10
4	34	Cathy	Joncas	BOSSIER CITY	LA	21	21	10:36	44:39	16.1	24:28	12:14		1:19:43
MALE 25 - 29 DIVISION														
Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	37	Zachary	Larrimer	SHREVEPORT	LA	25	25	8:46	35:25	20.3	16:01	8:01		1:00:12
2	23	James	Barrow	SHREVEPORT	LA	27	27	8:39	37:41	19.1	19:04	9:32		1:05:23
3	55	Mark	Bays	MAGNOLIA	AR	27	28	11:49	42:32	16.9	20:00	10:00		1:14:20
4	79	Edward	Hosack	SHREVEPORT	LA	29	29	13:41	41:29	17.4	21:39	10:50		1:16:49
5	72	Gary	Moore	BOSSIER CITY	LA	29	29	13:32	48:23	14.9	16:51	8:26		1:18:45
FEMALE 25 - 29 DIVISION														
Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	53	Leslie	Mulford	SHREVEPORT	LA	26	26	10:00	37:57	19.0	15:55	7:58		1:03:51
2	95	Maisie	Meaux	KAPLAN	LA	26	26	12:57	39:16	18.3	16:39	8:20		1:08:52
3	33	Jamie	Johnson	SHREVEPORT	LA	28	28	9:38	39:09	18.4	21:16	10:38		1:10:02
4	48	Tricia	Barrow	SHREVEPORT	LA	26	27	12:28	40:51	17.6	21:15	10:38		1:14:33
5	68	Amber	Claunch	SHREVEPORT	LA	26	26	14:32	48:31	14.8	17:02	8:31		1:20:04
6	73	Glenda	Par	BOSSIER CITY	LA	26	26	19:16	48:46	14.8	20:02	10:01		1:28:03
MALE 30 - 34 DIVISION														
Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	7	Seth	Ozasa	BOSSIER CITY	LA	31	31	7:11	32:06	22.4	13:18	6:39		52:35
2	91	Kyle	Runnels	SHREVEPORT	LA	33	33	8:32	34:52	20.7	16:05	8:03		59:28
3	38	Carlos	Sanchez-Gonza	SHREVEPORT	LA	33	33	9:55	36:58	19.5	12:48	6:24		59:40
4	81	Chuck	Lafferty	HENDERSON	Tx	30	31	9:28	35:21	20.4	14:54	7:27		59:42
5	105	Matt	Seaton	PINEVILLE	LA	36	30	9:27	34:31	20.9	16:38	8:19		1:00:36
6	76	John	Bleil	HAUGHTON	LA	34	33	10:55	37:30	19.2	15:53	7:57		1:04:17
7	83	David	Pena	BENTON	LA	31	31	10:18	40:17	17.9	15:05	7:33		1:05:38
8	57	Tobias	Partington	SHREVEPORT	LA	30	30	13:24	42:48	16.8	18:00	9:00		1:14:11
9	90	Kelly	Stewart	FRISCO	TX	33	33	12:17	39:48	18.1	22:27	11:14		1:14:31
10	70	Devin	Gore	SHREVEPORT	LA	29	30	14:20	48:36	14.8	16:42	8:21		1:19:38
FEMALE 30 - 34 DIVISION														
Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	21	Jennifer	Sutton	SHREVEPORT	LA	33	33	9:02	38:05	18.9	17:30	8:45		1:04:36
2	51	Elka	Anderson	BOSSIER CITY	LA	34	34	10:33	39:51	18.1	17:30	8:45		1:07:53
3	99	Genevieve	Capalia	SHREVEPORT	LA	34	34	14:01	41:04	17.5	17:35	8:48		1:12:38
4	101	Rebecca	Heunermundt	AUSTIN	TX	32	33	16:19	41:08	17.5	19:41	9:51		1:17:06

MALE 35 - 39 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	13	Alan	Brown	SHREVEPORT	LA	35	35	8:25	32:24	22.2	14:24	7:12		55:12
2	4	Jeffrey	Howells	SHREVEPORT	LA	34	35	6:49	36:01	20.0	14:52	7:26		57:41
3	102	Bob	Cole	CARTHAGE	TX	38	39	8:44	35:35	20.2	16:12	8:06		1:00:30
4	24	Petrus	Booyesen	BOSSIER CITY	LA	39	39	9:43	34:56	20.6	16:07	8:04		1:00:45
5	14	Craig	Fomby	MOUNT PLEASANT	Tx	34	35	10:00	34:38	20.8	16:13	8:07		1:00:51
6	65	Jason	Engle	HAUGHTON	LA	35	36	11:25	36:45	19.6	14:59	7:30		1:03:09
7	35	Mike	Kuhr	SHREVEPORT	LA	39	39	9:16	36:30	19.7	17:39	8:50		1:03:25
8	62	Justin	Cox	BOSSIER CITY	LA	39	39	12:03	39:58	18.0	18:07	9:04		1:10:07
9	50	John	Wilson	LONGVIEW	TX	38	39	11:32	40:37	17.7	19:02	9:31		1:11:10
10	77	Chris	Emch	BARKSDALE AFB	LA	36	36	14:32	41:04	17.5	19:14	9:37		1:14:49
11	82	Jim	Noetzel	BOSSIER CITY	LA	39	39	14:48	39:26	18.3	22:33	11:17		1:16:46
12	80	Trevor	Kunz	SHREVEPORT	LA	36	36	15:31						

FEMALE 35 - 39 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	29	Diane	Boyd	SHREVEPORT	LA	35	35	9:30	39:39	18.2	18:04	9:02		1:07:12
2	75	Gina	Zeigler	SMACKOVER	AR	37	37	13:40	39:22	18.3	18:05	9:03		1:11:06
3	89	Allison	Thompson	SHREVEPORT	LA	39	39	14:56	52:00	13.8	21:12	10:36		1:28:07
4	71	Valerie	Kramer	HAUGHTON	LA	38	38	15:22	57:28	12.5	32:18	16:09		1:45:07

MALE 40 - 44 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	97	Joe	Lee	BATON ROUGE	LA	41	41	6:19	31:47	22.7	13:01	6:31		51:06
2	87	Jeff	Lang	BENTON	LA	43	43	9:11	33:36	21.4	14:46	7:23		57:31
3	11	Michael	Stratton	SHREVEPORT	LA	40	41	7:37	35:42	20.2	16:51	8:26		1:00:09
4	100	Jamey	Moore	MARSHALL	TX	41	41	8:07	35:50	20.1	16:14	8:07		1:00:10
5	47	Daniel	Anderson	BOSSIER CITY	LA	40	40	9:03	37:31	19.2	16:24	8:12		1:02:58
6	66	Michael	Carmody	SHREVEPORT	LA	42	42	11:02	38:08	18.9	16:33	8:17		1:05:42
7	59	Robert	Shannon	MONROE	LA	40	40	13:06	39:00	18.5	16:30	8:15		1:08:35

FEMALE 40 - 44 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	28	Suzanne	Barnette	BOSSIER CITY	LA	40	40	10:10	34:07	21.1	18:48	9:24		1:03:04
2	74	Gae	Thornton	SMACKOVER	AR	43	43	13:56	38:53	18.5	17:21	8:41		1:10:08
3	61	Bridget	Chase	SHREVEPORT	LA	43	43	11:41	41:17	17.4	20:01	10:01		1:12:57
4	88	Sandra	Haynes	BOSSIER CITY	LA	42	42	13:25	43:09	16.7	16:44	8:22		1:13:17
5	32	Jenny	Hackman	BENTON	LA	41	41	12:39	42:34	16.9	19:36	9:48		1:14:48
6	63	Holly	Gill	SHREVEPORT	LA	41	42	16:24	1:01:16	11.8	33:58	16:59		1:51:37

MALE 45 - 49 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	93	Scott	Harville	BOSSIER CITY	LA	49	49	8:05	33:24	21.6	15:16	7:38		56:44
2	20	Dave	Rech	SHREVEPORT	LA	45	45	8:10	35:11	20.5	16:16	8:08		59:36
3	9	Brian	Smith	BOSSIER CITY	LA	49	49	7:29	36:03	20.0	16:12	8:06		59:42
4	103	Luis	Balbuena	MARSHALL	TX	48	48	10:53	37:31	19.2	18:10	9:05		1:06:33
5	26	Michael	Cook	SHREVEPORT	LA	46	47	9:09	37:51	19.0	21:45	10:53		1:08:44
6	19	Scott	Sinclair	BOSSIER CITY	LA	47	47	12:01	41:10	17.5	17:20	8:40		1:10:30
7	41	Jim	Beadles	SHREVEPORT	LA	47	47	10:12	41:45	17.2	19:57	9:59		1:11:53
8	60	Kevin	Sowell	SHREVEPORT	LA	48	48	14:30	45:21	15.9	22:50	11:25		1:22:39

FEMALE 45 - 49 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	40	Suzanne	Robicheaux	SHREVEPORT	LA	49	49	9:40	37:04	19.4	18:04	9:02		1:04:47
2	18	Bridget	Sinclair	BOSSIER CITY	LA	47	47	12:00	41:33	17.3	20:43	10:22		1:14:14
3	31	Karen	Eychaner	BOSSIER CITY	LA	46	46	12:39	44:38	16.1	18:44	9:22		1:16:00
4	67	Debbie	Roeten	SHREVEPORT	LA	46	46	14:24	57:11	12.6	23:02	11:31		1:34:36

MALE 50 - 54 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	22	Jim	Balfe	KEITHVILLE	LA	51	51	8:52	33:33	21.5	15:15	7:38		57:39
2	39	Michael	Walton	BOSSIER CITY	LA	49	50	10:53	38:46	18.6	15:28	7:44		1:05:06

FEMALE 50 - 54 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	43	Julie	Nix	SHREVEPORT	LA	51	51	11:15	42:48	16.8	20:26	10:13		1:14:29
2	54	Charlotte	Balfe	KEITHVILLE	LA	51	51	12:38	46:11	15.6	22:40	11:20		1:21:28

MALE 55 - 59 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	104	Steve	Terese	SHREVEPORT	LA	55	55	11:50	41:46	17.2	16:50	8:25		1:10:24
2	85	Lee	Stevens	SHREVEPORT	LA	56	57	13:34	41:17	17.4	20:35	10:18		1:15:25

FEMALE 55 - 59 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
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1 16 Sandy Triplett      SHREVEPORT LA 56      56      9:28    38:56  18.5    19:16  9:38      1:07:39
2 98 Joy Gaensehals     SHREVEPORT LA 56      56     12:29    38:39  18.6    27:54 13:57      1:19:01
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MALE 60 - 64 DIVISION

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Place No.  Name      Last Name  City      Sta Ag  Usat Age  Swim      Bike Rate  Run  Pace  Penalty  Final
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1 12 William Simpson  MARSHALL TX 62      62     10:55    42:35  16.9    26:27 13:14      1:19:56
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FEMALE 60 - 64 DIVISION

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Place No.  Name      Last Name  City      Sta Ag  Usat Age  Swim      Bike Rate  Run  Pace  Penalty  Final
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MALE 65 - 69 DIVISION

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Place No.  Name      Last Name  City      Sta Ag  Usat Age  Swim      Bike Rate  Run  Pace  Penalty  Final
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1 56 Petesy Miller    SHREVEPORT LA 68      68     12:36    39:52  18.1    19:44  9:52      1:12:11
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FEMALE 65 - 69 DIVISION

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Place No.  Name      Last Name  City      Sta Ag  Usat Age  Swim      Bike Rate  Run  Pace  Penalty  Final
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MALE 70 - 74 DIVISION

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Place No.  Name      Last Name  City      Sta Ag  Usat Age  Swim      Bike Rate  Run  Pace  Penalty  Final
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FEMALE 70 - 74 DIVISION

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Place No.  Name      Last Name  City      Sta Ag  Usat Age  Swim      Bike Rate  Run  Pace  Penalty  Final
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MALE 75 - 79 DIVISION

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Place No.  Name      Last Name  City      Sta Ag  Usat Age  Swim      Bike Rate  Run  Pace  Penalty  Final
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Female 75 - 79 DIVISION

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Place No.  Name      Last Name  City      Sta Ag  Usat Age  Swim      Bike Rate  Run  Pace  Penalty  Final
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Male 80 - 84 DIVISION

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Place No.  Name      Last Name  City      Sta Ag  Usat Age  Swim      Bike Rate  Run  Pace  Penalty  Final
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Female 80 - 84 DIVISION

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Place No.  Name      Last Name  City      Sta Ag  Usat Age  Swim      Bike Rate  Run  Pace  Penalty  Final
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MALE 85 - 99 DIVISION

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Place No.  Name      Last Name  City      Sta Ag  Usat Age  Swim      Bike Rate  Run  Pace  Penalty  Final
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Female 85 - 99 DIVISION

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Place No.  Name      Last Name  City      Sta Ag  Usat Age  Swim      Bike Rate  Run  Pace  Penalty  Final
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