

SUNRISE TRIATHLON #1
 Sunday - May 7, 2006
 400yds, 12M Bike, 2M Run

Results by Atomic Racing Systems

MALE OVERALL WINNER														
Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	109	Calvin	Sears		48		48	6:45	30:23	23.7	13:13	6:37		50:21

FEMALE OVERALL WINNER														
Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	25	Denise	Cook	SHREVEPORT	LA	37	37	8:33	36:19	19.8	13:49	6:55		58:40

MALE 1 - 19 DIVISION														
Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	19	Ben	Hall	RUSTON	LA	16	16	6:50	33:24	21.6	12:39	6:20		52:52
2	1	Tyler	Jusselin	KEITHVILLE	LA	14	14	5:47	38:36	18.7	16:42	8:21		1:01:04
3	88	Scott	Cook	SHREVEPORT	LA	14	14	7:06	40:22	17.8	16:43	8:22		1:04:10
4	117	Tommy	Foster			15	16	9:35	36:34	19.7	19:22	9:41		1:05:30
5	66	John	Allen Riggins	LITTLE ROCK	AR	15	15	10:25	41:48	17.2	15:30	7:45		1:07:43
6	91	Barret	O'Brock	SHREVEPORT	LA	19	19	11:09	44:28	16.2	17:28	8:44		1:13:04
7	119	Tracker	Goree			19	19	8:33	50:25	14.3	14:14	7:07		1:13:10
8	69	Lewis	Hall	LITTLE ROCK	AR	15	15	10:59	45:30	15.8	19:57	9:59		1:16:25
9	72	Luke	Hall	LITTLE ROCK	AR	14	14	11:47	49:50	14.4	17:06	8:33		1:18:42

FEMALE 1 - 19 DIVISION														
Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	29	Anna Beth	Sanford	KEITHVILLE	LA	19	19	7:35	41:43	17.3	16:57	8:29		1:06:14
2	26	Katherine	Shadowens	DE BERRY	TX	19	19	8:45	43:18	16.6	15:40	7:50		1:07:43
3	76	Amber	Wayman	WASKOM	tx	16	16	12:16	50:46	14.2	16:37	8:19		1:19:39
4	94	Tyra	Brown	SHREVEPORT	LA	13	13	11:01	54:09	13.3	23:08	11:34		1:28:17

MALE 20 - 24 DIVISION														
Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	20	Patrick	Obrien	SHREVEPORT	LA	24	24	7:08	34:54	20.6	14:39	7:20		56:40
2	18	David	Reiland	SHREVEPORT	la	24	24	8:02	36:01	20.0	15:29	7:45		59:30
3	37	Johnny	Kelley	DEBERRY	TX	21	21	10:24	34:37	20.8	16:20	8:10		1:01:19
4	35	Scott	Eldridge	SHREVEPORT	LA	24	24	9:24	41:07	17.5	16:47	8:24		1:07:16
5	54	Justin	Turner	HAUGHTON	LA	23	23	10:02	41:58	17.2	16:26	8:13		1:08:24
6	74	Jon	Martin	HAUGHTON	LA	24	24	9:50	39:39	18.2	19:03	9:32		1:08:32
7	63	Sean	MacLeod	HAUGHTON	la	21	21	11:15	40:31	17.8	18:05	9:03		1:09:49
8	14	Joel	Bailey	SHREVEPORT	LA	24	24	8:13	41:55	17.2	20:26	10:13		1:10:33
9	62	Drew	Liles	RUSTON	LA	21	21	12:17	44:30	16.2	20:21	10:11		1:17:07
10	44	James	Bienvenu	SHREVEPORT	LA	24	24	10:32	42:20	17.0	24:31	12:16		1:17:21
11	43	Timothy	May	SHREVEPORT	LA	24	24	13:34	43:12	16.7	22:36	11:18		1:19:21

FEMALE 20 - 24 DIVISION														
Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	39	Elizabeth	Eldridge	SHREVEPORT	LA	23	23	10:34	43:19	16.6	16:34	8:17		1:10:26
2	110	Mallorie	Williams			21	21	10:18	43:48	16.4	16:21	8:11		1:10:26

MALE 25 - 29 DIVISION														
Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	8	Scott	Langford	SHREVEPORT	LA	28	28	6:24	32:37	22.1	13:34	6:47		52:34
2	7	Chris	Herrington	SHREVEPORT	LA	27	27	6:39	33:04	21.8	12:54	6:27		52:36
3	112	Alec	Zwiaska	BOSSIER CITY	LA	27	27	7:00	34:45	20.7	12:05	6:03		53:49
4	121	Michael	Smith			26	27	8:40	35:17	20.4	15:40	7:50		59:36
5	31	Nick	Vanni	SHREVEPORT	LA	25	25	9:21	38:45	18.6	13:14	6:37		1:01:20
6	98	Nathan	Alexander	SHREVEPORT	LA	26	26	10:14	37:50	19.0	21:22	10:41		1:09:25
7	89	Billy	Barnes	TYLER	TX	26	26	11:30	41:23	17.4	18:00	9:00		1:10:52
8	107	William	Taylor	SHREVEPORT	LA	25	25	12:28	43:18	16.6	19:22	9:41		1:15:08
9	90	Christian	Gaydos	SHREVEPORT	LA	29	29	10:53	44:20	16.2	20:44	10:22		1:15:56
10	95	James	Garvin	BOSSIER CITY	LA	26	26	12:06	47:10	15.3	18:42	9:21		1:17:56

FEMALE 25 - 29 DIVISION														
Place No.	Name	Last Name	City	Sta	Ag	Usat	Age	Swim	Bike	Rate	Run	Pace	Penalty	Final
1	47	Leslie	Mulford	SHREVEPORT	LA	27	27	9:24	37:55	19.0	15:01	7:31		1:02:19
2	64	Lynn	Jenkins	SHREVEPORT	LA	27	27	10:52	38:20	18.8	15:41	7:51		1:04:52
3	9	Leslie	Crowell	SHREVEPORT	La	27	27	9:37	40:07	17.9	16:20	8:10		1:06:03
4	83	Thea	Moeller	KEITHVILLE	LA	25	25	8:43	47:56	15.0	15:39	7:50		1:12:16
5	77	Amber	Claunch	SHREVEPORT	LA	27	27	10:53	43:40	16.5	18:06	9:03		1:12:38
6	45	Kathleen	Doherty	SHREVEPORT	LA	26	26	10:23	43:37	16.5	18:57	9:29		1:12:55
7	102	Jamie	Johnson	SHREVEPORT	LA	29	29	9:22	41:54	17.2	22:07	11:04		1:13:21
8	108	Lauren	Ditta	SHREVEPORT	LA	26	26	10:38	46:26	15.5	16:29	8:15		1:13:33
9	65	Holly	Bienert	SHREVEPORT	LA	29	29	10:14	44:10	16.3	20:13	10:07		1:14:36

10 60 Jennifer Dean SHREVEPORT LA 27 27 9:29 49:02 14.7 21:07 10:34 1:19:36

MALE 30 - 34 DIVISION

Place No.	Name	Last Name	City	Sta Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
1	97 Carlos Sanchez-Gonza		SHREVEPORT	LA 34	34	9:06	36:56 19.5	13:18	6:39		59:19
2	118 Kenneth Theis			31	31	11:07	36:03 20.0	19:27	9:44		1:06:36
3	68 Edward Hosack		BOSSIER	la 30	30	10:53	38:53 18.5	20:01	10:01		1:09:45
4	4 John Harris		BOSSIER CITY	LA 30	30	7:01	43:41 16.5	19:53	9:57		1:10:34
5	78 Devin Gore		SHREVEPORT	LA 31	31	11:57	41:23 17.4	17:26	8:43		1:10:44

FEMALE 30 - 34 DIVISION

Place No.	Name	Last Name	City	Sta Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
1	10 Lanya Pankey		SHREVEPORT	LA 32	32	10:25	37:41 19.1	13:33	6:47		1:01:37
2	27 Jennifer Sutton		SHREVEPORT	LA 34	34	8:55	36:23 19.8	16:39	8:20		1:01:56
3	30 Jana Beck		RUSTON	LA 31	31	8:54		1:01:39	30:50		1:10:33
4	92 Roxanne Liles		NATCHITOCHE	La 30	30	11:54	44:16 16.3	19:11	9:36		1:15:21
5	101 Mary Ward		BOSSIER CITY	LA 33	33	11:34	47:18 15.2	22:52	11:26		1:21:43
6	56 Heather Bradford		SHREVEPORT	La 34	34	10:54	53:22 13.5	21:27	10:44		1:25:43
7	86 Christy Lewandowski		ELM GROVE	LA 33	33	13:59	1:07:02 10.7	20:16	10:08		1:41:15

MALE 35 - 39 DIVISION

Place No.	Name	Last Name	City	Sta Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
1	3 Jeffrey Howells		SHREVEPORT	LA 36	36	6:14	34:40 20.8	13:56	6:58		54:49
2	12 Michael Mayence		SHREVEPORT	la 35	35	8:04	33:40 21.4	15:03	7:32		56:46
3	57 Jason Engle		HAUGHTON	LA 37	37	9:20	35:21 20.4	13:50	6:55		58:31
4	23 Craig Nicholson		SHREVEPORT	la 37	37	7:32	36:45 19.6	15:57	7:59		1:00:12
5	114 Jason Kendall			37	38	9:40	39:16 18.3	19:46	9:53		1:08:41
6	53 Jim Wayman		WASKOM	tx 39	39	10:24	43:31 16.5	15:41	7:51		1:09:35
7	67 Michael Reis		LAFAYETTE	LA 37	37	9:56	38:00 18.9	23:39	11:50		1:11:35
8	42 Robert Brown		LONGVIEW	TX 39	39	13:04	44:28 16.2	18:16	9:08		1:15:47
9	123 Greg Duquella			36	37	15:50	1:13:24 9.8	24:08	12:04		1:53:22

FEMALE 35 - 39 DIVISION

Place No.	Name	Last Name	City	Sta Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
1	38 Elka Anderson		BOSSIER CITY	LA 35	35	9:03	35:57 20.0	15:57	7:59		1:00:56
2	55 Amy Hammond		SHREVEPORT	LA 38	38	15:42	47:36 15.1	20:37	10:19		1:23:54
3	122 Chalene Corinaldi			34	35	15:20	1:07:46 10.6	31:59	16:00		1:55:04

MALE 40 - 44 DIVISION

Place No.	Name	Last Name	City	Sta Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
1	13 Jason Weinland		SHREVEPORT	La 43	43	8:14	29:46 24.2	12:28	6:14		50:27
2	115 Petrus Booysen		BOSSIER CITY	LA 40	40	7:29	31:52 22.6	12:25	6:13		51:45
3	48 Jeff Lang		BENTON	LA 44	44	9:13	32:23 22.2	13:20	6:40		54:55
4	24 Daniel Anderson		BOSSIER CITY	LA 41	41	8:35	34:42 20.7	14:44	7:22		58:00
5	17 Michael Stratton		SHREVEPORT	LA 42	42	7:36	38:34 18.7	16:40	8:20		1:02:49
6	16 Jason Aleman		BOSSIER CITY	LA 41	41	9:03	36:11 19.9	18:20	9:10		1:03:32
7	50 David Hall		RUSTON	LA 42	42	9:56	39:49 18.1	15:03	7:32		1:04:47
8	124 Robert Shannon			41	41	10:00	38:19 18.8	17:06	8:33		1:05:24
9	40 Doug Gotberg		SHREVEPORT	LA 44	44	10:33	41:05 17.5	14:57	7:29		1:06:33
10	84 Mike Kuhr		SHREVEPORT	LA 40	40	10:05	36:27 19.8	21:03	10:32		1:07:34

FEMALE 40 - 44 DIVISION

Place No.	Name	Last Name	City	Sta Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
1	32 Suzanne Barnette		BOSSIER CITY	LA 41	41	10:04	35:51 20.1	18:45	9:23		1:04:39
2	46 Bridget Chase		SHREVEPORT	LA 44	44	9:16	37:36 19.1	18:27	9:14		1:05:18
3	80 Jennifer Angelo		BOSSIER CITY	LA 40	40	11:23	43:48 16.4	16:51	8:26		1:12:01
4	85 Rosemary Kimball		SHREVEPORT	LA 43	43	12:39	48:19 14.9	20:13	10:07		1:21:09
5	70 Holly Gill		SHREVEPORT	La 43	43	11:56	47:21 15.2	25:05	12:33		1:24:20
6	100 Pamela Mackey		SHREVEPORT	LA 42	42	13:03	52:07 13.8	23:57	11:59		1:29:06

MALE 45 - 49 DIVISION

Place No.	Name	Last Name	City	Sta Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
1	6 Stan Sanford		KEITHVILLE	LA 45	45	6:47	32:29 22.2	13:05	6:33		52:20
2	5 Mike McHalfey		BOSSIER CITY	LA 48	48	7:44	32:44 22.0	12:48	6:24		53:15
3	99 Tony Villarreal		SHREVEPORT	LA 45	45	8:13		54:28	27:14		1:02:40
4	71 Michael Hall		LITTLE ROCK	AR 45	45	11:48	37:07 19.4	15:36	7:48		1:04:29
5	11 Jim Beadles		SHREVEPORT	LA 48	48	8:17	39:31 18.2	18:05	9:03		1:05:53
6	82 John Miller		SHREVEPORT	LA 45	45	11:56	47:04 15.3	17:44	8:52		1:16:44
7	103 Cliffe Laborde		SHREVEPORT	LA 45	45	15:27	53:54 13.4	22:24	11:12		1:31:44

FEMALE 45 - 49 DIVISION

Place No.	Name	Last Name	City	Sta Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
1	79 Debbie Roeten		SHREVEPORT	LA 47	47	12:42	47:15 15.2	18:44	9:22		1:18:40

MALE 50 - 54 DIVISION

Place No.	Name	Last Name	City	Sta Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
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1	28	Jim Balfe	KEITHVILLE	LA	52	52	8:21	33:18	21.6	14:35	7:18	56:13
2	15	Scott Harville	BOSSIER CITY	LA	50	50	8:10	34:08	21.1	15:05	7:33	57:21
3	105	Tony Bouso	BOSSIER CITY	LA	50	50	9:39	36:49	19.6	13:28	6:44	59:55
4	111	Mike Williams			50	50	12:32	39:49	18.1	18:22	9:11	1:10:42
5	81	John Reisz	SHREVEPORT	LA	50	50	10:26	41:35	17.3	19:44	9:52	1:11:44

FEMALE 50 - 54 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
1	22	Suzanne Robicheaux	SHREVEPORT	LA	50	50	9:24	37:40	19.1	20:02	10:01	1:07:05
2	36	Julie Nix	SHREVEPORT	LA	52	52	10:40	42:01	17.1	20:53	10:27	1:13:33
3	75	Charlotte Balfe	KEITHVILLE	LA	52	52	12:06	46:20	15.5	22:26	11:13	1:20:50

MALE 55 - 59 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
1	58	Steve Terese	SHREVEPORT	LA	56	56	11:23	39:33	18.2	15:59	8:00	1:06:54
2	113	Walter Dunn			59	59	13:24	38:37	18.6	18:28	9:14	1:10:28
3	33	Rick Yates	BOSSIER CITY	LA	56	56	12:15	43:06	16.7	24:34	12:17	1:19:53
4	52	Danny Triplett	SHREVEPORT	LA	58	58	12:02	46:02	15.6	23:36	11:48	1:21:40
5	87	Lee Stevens	SHREVEPORT	LA	57	58	13:02	49:12	14.6	21:06	10:33	1:23:19

FEMALE 55 - 59 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
1	21	Sandy Triplett	SHREVEPORT	LA	57	57	8:08	38:39	18.6	17:36	8:48	1:04:22

MALE 60 - 64 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
1	41	Robert Fleming	BOSSIER CITY	LA	60	60	10:28	38:34	18.7	24:18	12:09	1:13:20
2	2	Anthony Roggero	BOSSIER CITY	LA	62	62	14:27	40:08	17.9	20:01	10:01	1:14:36

FEMALE 60 - 64 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
1	96	Maryanne Cummings	SHREVEPORT	LA	60	60	16:04	1:03:01	11.4	23:51	11:56	1:42:55

MALE 65 - 69 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
1	73	joe hinton	BOSSIER CITY	LA	67	67	12:40	40:54	17.6	19:58	9:59	1:13:31
2	51	Petesy Miller	SHREVEPORT	LA	69	69	12:10	41:52	17.2	20:49	10:25	1:14:51
3	120	Lovick Johnson			67	68	16:27	45:13	15.9	21:00	10:30	1:22:39
4	93	Ford Gibson	SHREVEPORT	LA	68	68	15:06	48:45	14.8	25:15	12:38	1:29:05

FEMALE 65 - 69 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
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MALE 70 - 74 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
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FEMALE 70 - 74 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
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MALE 75 - 79 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
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Female 75 - 79 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
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Male 80 - 84 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
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Female 80 - 84 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
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MALE 85 - 99 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
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Female 85 - 99 DIVISION

Place No.	Name	Last Name	City	Sta	Ag	Usat Age	Swim	Bike Rate	Run	Pace	Penalty	Final
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