

SUNRISE TRIATHLON #2
Sunday - MAY 25, 2008

Results by Atomic Racing Systems

MALE OVERALL WINNER															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Final
1	107 Seth Ozasa	SHREVEPORT	LA	32		33	6:34	1:28	0:20	30:47	25.3	0:31	16:53	6:45	55:04

FEMALE OVERALL WINNER															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Final
1	84 ANNA MEANS	SHREVEPORT	LA	28		28	8:00	1:47	0:38	34:04	22.9	0:28	17:24	6:58	1:00:32

MALE 1 - 14 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	93 REED KEEN	SHREVEPORT	LA	10		11	9:01	2:01	1:23	44:44	17.4	0:39	23:31	9:25	1:19:15
2	76 Blake Powell	FARMERVILLE	LA	13		14	9:38	2:09	0:44	40:03	19.5	0:41	28:21	11:21	1:19:25
3	99 LUKE KEEN	SHREVEPORT	LA	8		9	9:23	2:06	3:00	55:55	13.9	0:47	31:28	12:35	1:40:31
4	79 Marshal Leach	SHREVEPORT	LA	9		10	10:20	2:18	2:46	1:05:49	11.9	0:32	35:04	14:02	1:54:29

FEMALE 1 - 14 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	96 ASHTON KEEN	SHREVEPORT	LA	12		12	9:40	2:09	1:37	44:03	17.7	0:37	23:01	9:13	1:18:56
2	72 Hope Dorsett	SHREVEPORT	LA	12		12	5:40	1:16	1:02	51:58	15.0	0:34	23:13	9:17	1:22:25
3	22 TYRA BROWN	SHREVEPORT	LA	14		14	8:13	1:50	1:43	50:03	15.6	0:46	28:07	11:15	1:28:50
4	112 Haley Oathout	SHREVEPORT	LA	11		11	7:29	1:40	1:57	1:00:34	12.9	0:48	32:31	13:01	1:43:18
5	30 ALI SOILEAU	SHREVEPORT	LA	12		12	7:36	1:42	2:02	1:00:33	12.9	0:48	32:21	12:57	1:43:18

MALE 15 - 19 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	104 Cameron Mehl	SHREVEPORT	LA	19		19	8:40	1:56	0:24	33:38	23.2	0:21	16:26	6:35	59:27
2	92 Elliot Bach	MARSHALL	TX	14		15	8:07	1:49	0:39	37:31	20.8	0:30	19:24	7:46	1:06:09
3	113 Scott Cook			15		15	5:44	1:17	0:57	36:59	21.1	0:35	22:10	8:52	1:06:22
4	7 Joseph Pagni	SHREVEPORT	LA	17		17	8:57	2:00	2:40	40:48	19.1	0:31	18:56	7:35	1:11:50

FEMALE 15 - 19 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	94 Olivia Bach	MARSHALL	TX	17		18	7:51	1:45	0:52	35:12	22.2	0:59	20:09	8:04	1:05:02
2	10 Emily Bouso	BOSSIER CITY	LA	19		19	9:21	2:05	0:50	41:59	18.6	0:25	26:39	10:40	1:19:11
3	15 courtney lang	BENTON	LA	18		18	8:43	1:57	0:45	47:23	16.5	0:31	29:04	11:38	1:26:24

MALE 20 - 24 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	118 JUSTIN TURNER	HAUGHTON	LA	23		24	7:16	1:37	1:07	36:35	21.3	0:36	22:02	8:49	1:07:36
2	58 Garrett Singletary	PENSACOLA	FL	20		21	7:06	1:35	1:42	38:25	20.3	0:50	20:06	8:03	1:08:08
3	63 matthew henfey	SHREVEPORT	LA	24		24	9:47	2:11	1:09	38:21	20.3	0:22	18:51	7:33	1:08:28
4	111 JOHNNY KELLEY	DE BERRY	TX	22		22	10:08	2:16	0:55	39:51	19.6	0:52	20:28	8:12	1:12:12
5	16 Aaron Cosby	SHREVEPORT	LA	20		20	8:25	1:53	0:39	41:13	18.9	0:32	23:25	9:22	1:14:12
6	31 DREW LILES	RUSTON	LA	22		22	8:13	1:50	0:56	39:25	19.8	1:02	30:11	12:05	1:19:44
7	27 Brad Buesick	SHREVEPORT	LA	20		20	11:11	2:30	3:18	50:49	15.3	1:00	24:14	9:42	1:30:30
8	47 Brian Harris	RIVER RIDGE	LA	21		21	8:46	1:57	2:28	50:29	15.5	0:45	28:44	11:30	1:31:09

FEMALE 20 - 24 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	68 Natalie Bach	MARSHALL	TX	22		23	10:10	2:16	0:52	39:47	19.6	0:37	20:03	8:02	1:11:27
2	108 KATHERINE SHADOWENS	DE BERRY	TX	19		20	8:04	1:48	1:07	41:59	18.6	0:50	20:31	8:13	1:12:30
3	33 Danielle Stanley	MARSHALL	TX	23		23	8:07	1:48	1:26	48:27	16.1	0:49	23:46	9:31	1:22:33
4	48 Beth Ann Williamson	RIVER RIDGE	LA	20		21	11:27	2:33	3:38	1:00:50	12.8	1:08	30:32	12:13	1:47:33

MALE 25 - 29 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	116 Dusty Williams	BOSSIER CITY	LA	27		28	8:15	1:50	0:40	35:00	22.3	0:53	20:40	8:16	1:05:26
2	25 Nick Vanni	SHREVEPORT	LA	26		26	8:48	1:58	1:13	39:04	20.0	0:38	17:05	6:50	1:06:46
3	60 Danny Kinnamon	HALLSVILLE	TX	25		26	9:48	2:11	0:56	37:49	20.6	0:47	19:38	7:52	1:08:57
4	13 Austin Lash	SHREVEPORT	LA	26		26	7:52	1:45	0:44	37:29	20.8	0:48	22:35	9:02	1:09:26
5	115 david reiland	SHREVEPORT	LA	25		25	7:40	1:43	0:33	42:34	18.3	0:59	18:47	7:31	1:10:32
6	36 Michael Waites	BOSSIER CITY	LA	25		26	9:59	2:13	1:21	42:27	18.4	0:57	26:09	10:28	1:20:50
7	102 CHRIS HERRINGTON	SHREVEPORT	LA	27		28	8:23	1:52	2:56	47:25	16.4	3:37	22:05	8:50	1:24:24
8	101 GREG HERRINGTON	CHARLOTTESVILLE	VA	28		29	8:36	1:55	2:59	47:29	16.4	1:49	23:52	9:33	1:24:43

FEMALE 25 - 29 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	90 EMILY ROE	BOSSIER CITY	LA	25		26	8:19	1:51	0:48	36:08	21.6	0:42	18:07	7:15	1:04:03
2	37 El-Len Serra	COLORADO SPRING	CO	27		28	8:56	2:00	1:30	38:31	20.3	0:45	26:35	10:38	1:16:15
3	43 Sarah Stahl	FORT POLK	LA	27		27	9:36	2:08	2:41	42:43	18.3	0:48	21:56	8:47	1:17:43
4	34 Makalah Solway	NEW ORLEANS	LA	26		26	10:24	2:19	2:16	1:06:02	11.8	0:41	23:56	9:35	1:43:17

MALE 30 - 34 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	20 Chris Lee	SHREVEPORT	LA	32		32	10:18	2:18	0:34	40:45	19.1	0:46	23:10	9:16	1:15:30
2	18 JOSHUA PETTIGREW	SHREVEPORT	LA	30		31	8:30	1:54	2:07	45:40	17.1	0:27	20:25	8:10	1:17:07

FEMALE 30 - 34 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	35	Lizabeth Grupe	BOSSIER CITY	LA	33	33	10:16	2:17	1:13	43:33	17.9	1:28	25:42	10:17	1:22:10
2	28	AMANDA THOMPSON	SHREVEPORT	LA	30	30	9:32	2:08	1:22	44:34	17.5	1:19	26:45	10:42	1:23:30
3	9	Kimberly McLain	BOSSIER CITY	LA	33	34	11:35	2:35	1:04	46:56	16.6	0:46	23:21	9:21	1:23:40
4	50	Christie Benton	NACOGDOCHES	TX	31	32	10:16	2:17	2:29	46:27	16.8	1:02	25:00	10:00	1:25:11
5	78	jenny tree	BOSSIER	LA	32	33	9:32	2:08	2:45	51:41	15.1	0:30	24:15	9:42	1:28:41

MALE 35 - 39 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	40	Jeffrey Howells	SHREVEPORT	LA	37	37	6:18	1:24	0:24	33:20	23.4	0:36	18:44	7:30	59:21
2	62	Alan Harris	SHREVEPORT	LA	36	36	8:33	1:54	0:53	36:09	21.6	0:32	15:24	6:10	1:01:30
3	127	CARLOS SANCHEZ-GONZA	SHREVEPORT	LA	35	35	8:40	1:56	0:35	36:09	21.6	0:36	16:45	6:42	1:02:43
4	32	CRAIG NICHOLSON	SHREVEPORT	LA	38	38	7:07	1:35	1:02	34:46	22.4	0:31	21:03	8:26	1:04:27
5	42	Nathan Stahl	FORT POLK	LA	35	35	7:24	1:39	1:49	37:05	21.0	0:26	19:14	7:42	1:05:56
6	87	KEN PAYNE	SHREVEPORT	LA	36	37	8:11	1:50	0:33	37:22	20.9	0:55	20:27	8:11	1:07:27
7	12	Stephen Vekovius	SHREVEPORT	LA	37	38	8:04	1:48	0:41	37:35	20.8	0:55	21:48	8:43	1:09:01
8	44	Jeff Heun	SHREVEPORT	LA	35	35	8:26	1:53	1:20	35:09	22.2	0:59	23:46	9:31	1:09:39
9	67	Douglas Johnson	BOSSIER CITY	LA	37	38	8:36	1:55	1:38	37:33	20.8	0:40	21:40	8:40	1:10:06
10	73	wayne smith	VALLEY VIEW	TX	38	39	8:43	1:57	0:51	37:18	20.9	0:40	23:41	9:29	1:11:11
11	56	J. Todd Middleton	RUSSELLVILLE	AR	38	39	10:40	2:23	2:08	37:43	20.7	0:52	20:25	8:10	1:11:45
12	26	WARD MCLAIN	BOSSIER CITY	LA	38	38	7:48	1:44	1:15	36:56	21.1	0:40	25:22	10:09	1:12:00
13	71	jamie davis	SHREVEPORT	LA	35	35	8:01	1:47	2:04	41:32	18.8	0:37	22:12	8:53	1:14:25
14	17	Eric Toups	SHREVEPORT	LA	34	35	11:12	2:30	2:45	48:15	16.2	0:58	25:05	10:02	1:28:13

FEMALE 35 - 39 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	23	DENISE COOK	SHREVEPORT	LA	37	38	8:29	1:53	0:32	36:45	21.2	0:34	17:37	7:03	1:03:54
2	80	Elka Anderson			36	36	8:40	1:56	0:37	35:54	21.7	0:40	20:23	8:10	1:06:13
3	61	Lisa Harris	SHREVEPORT	LA	37	37	9:00	2:00	1:11	38:35	20.2	0:52	20:17	8:07	1:09:52
4	120	Stephanie Hollis	SHREVEPORT	LA	38	39	10:26	2:19	2:29	46:47	16.7	0:33	25:07	10:03	1:25:20
5	54	Donna Shannon	NACOGDOCHES	TX	37	38	9:46	2:11	3:07	46:04	16.9	1:38	25:25	10:10	1:25:57
6	3	Rebecca Evans	SHREVEPORT	LA	37	37	11:10	2:29	2:02	47:20	16.5	0:32	28:00	11:12	1:29:02
7	75	Vicki Su	SHREVEPORT	LA	38	38	11:55	2:39	1:58	1:00:05	13.0	0:47	29:52	11:57	1:44:36

MALE 40 - 44 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	83	Daniel Anderson			42	42	7:44	1:43	0:30	33:19	23.4	0:27	18:40	7:28	1:00:38
2	85	DANNY AIELLO	MARSHALL	TX	42	43	8:06	1:48	0:50	32:48	23.8	0:32	19:53	7:58	1:02:07
3	81	David Dempsey	BOSSIER CITY	LA	44	44	8:33	1:54	1:07	34:30	22.6	0:45	18:17	7:19	1:03:11
4	105	JAMEY MOORE	MARSHALL	TX	42	43	7:41	1:43	1:12	38:26	20.3	1:07	19:17	7:43	1:07:41
5	70	Jason Alleman	SHREVEPORT	LA	42	42	8:44	1:57	0:57	35:39	21.9	0:57	23:57	9:35	1:10:11
6	82	Dave Navalance	SHREVEPORT	LA	40	40	9:27	2:06	1:05	37:06	21.0	0:47	22:09	8:52	1:10:33
7	122	Ted Hollis	SHREVEPORT	LA	43	43	9:23	2:05	2:01	42:14	18.5	0:26	19:08	7:39	1:13:09
8	1	Mike Kuhr	SHREVEPORT	LA	41	41	10:04	2:15	0:33	36:29	21.4	1:20	24:49	9:56	1:13:12
9	59	Patrick Kimball	ARLINGTON	TX	42	42	10:38	2:22	1:02	40:30	19.3	0:46	22:38	9:03	1:15:33
10	88	RUSSELL SLACK	SHREVEPORT	LA	42	43	10:04	2:14	2:07	41:15	18.9	0:34	21:53	8:45	1:15:51
11	91	DAN PICKETT	BOSSIER CITY	LA	42	43	10:05	2:15	1:42	39:17	19.9	1:26	25:04	10:02	1:17:32

FEMALE 40 - 44 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	41	Rosemary Kimball	SHREVEPORT	LA	44	44	12:27	2:46	0:45	45:20	17.2	1:04	25:44	10:18	1:25:17
2	74	deann smith	VALLEY VIEW	TX	41	42	11:09	2:29	1:20	45:45	17.0	0:46	28:40	11:28	1:27:39
3	21	ALLISON THOMPSON	SHREVEPORT	LA	40	41	11:52	2:39	2:16	51:20	15.2	2:07	29:20	11:44	1:36:54

MALE 45 - 49 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	24	mike mchalfey	BOSSIER CITY	LA	49	49	7:55	1:46	0:36	32:45	23.8	0:39	17:15	6:54	59:09
2	14	jeff lang	BENTON	LA	45	45	8:44	1:57	0:35	32:41	23.9	0:36	17:37	7:03	1:00:11
3	5	Michael Cook	SHREVEPORT	LA	48	49	7:26	1:40	0:48	34:59	22.3	0:54	22:05	8:50	1:06:10
4	55	Doug Gotberg	SHREVEPORT	LA	45	45	8:57	2:00	0:45	37:30	20.8	0:51	18:53	7:34	1:06:55
5	29	STEVE SOLLEAU	SHREVEPORT	LA	47	48	8:43	1:57	0:47	38:08	20.5	0:48	21:22	8:33	1:09:47
6	77	kemal burnley	WEST MONROE	LA	45	45	9:53	2:12	3:17	49:00	15.9	1:13	20:59	8:24	1:24:20
7	98	PATRICK KEEN	SHREVEPORT	LA	45	46	8:56	2:00	3:11	55:47	14.0	0:50	30:47	12:19	1:39:30

FEMALE 45 - 49 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	6	Kay Deberardinis	SHREVEPORT	LA	45	45	9:11	2:03	1:34	39:36	19.7	0:45	26:10	10:28	1:17:13
2	66	Terrie Johnson	BOSSIER CITY	LA	48	48	10:32	2:21	1:10	39:12	19.9	1:01	27:46	11:07	1:19:39
3	2	Debbie Roeten	SHREVEPORT	LA	48	48	10:20	2:18	1:38	42:51	18.2	0:39	26:04	10:26	1:21:31
4	19	Cheryl Webb	SHREVEPORT	LA	46	46	11:42	2:36	2:16	42:42	18.3	1:10	27:42	11:05	1:25:30
5	69	Martha Howe	SHREVEPORT	LA	46	47	10:53	2:25	1:39	45:29	17.1	1:20	30:19	12:08	1:29:38
6	64	frances schulman	SHREVEPORT	LA	47	47	11:38	2:35	3:00	47:58	16.3	1:20	29:27	11:47	1:33:21
7	49	Yvonne Correro	BOSSIER CITY	LA	44	45	11:23	2:32	1:43	56:14	13.9	0:30	35:00	14:00	1:44:47

MALE 50 - 54 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	4	Jim Balfe	KEITHVILLE	LA	53	53	8:22	1:52	0:46	33:07	23.6	0:38	19:32	7:49	1:02:22
2	11	Tony Bouso	BOSSIER CITY	LA	50	51	9:30	2:07	0:28	35:34	21.9	0:48	19:16	7:43	1:05:36
3	46	jolie Harris	RIVER RIDGE	LA	49	50	13:40	3:03	3:35	1:03:25	12.3	0:51	38:59	15:36	2:00:28
4	45	Rodney Harris	RIVER RIDGE	LA	49	50	12:46	2:51	3:25	1:06:27	11.7	0:49	38:41	15:29	2:02:06

FEMALE 50 - 54 DIVISION															
Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time

1	8	Julie Nix	SHREVEPORT LA	53	53	9:49	2:11	0:47	42:23	18.4	0:33	27:30	11:00	1:21:00
2	51	Tanya Tingle	SHREVEPORT LA	53	54	11:22	2:32	1:42	46:55	16.6	0:48	32:08	12:52	1:32:53

MALE 55 - 59 DIVISION

Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	119	Stephen Terese	SHREVEPORT LA	56	57	10:32	2:21	0:58	41:55	18.6	0:59	20:10	8:04	1:14:33	
2	100	PATRICK HERRINGTON	LAFAYETTE LA	56	57	8:56	1:59	3:02	47:27	16.4	1:11	24:31	9:49	1:25:04	
3	123	Rick Yates	SHREVEPORT LA	57	57	9:59	2:13	1:50	40:41	19.2	2:10	31:26	12:35	1:26:04	

FEMALE 55 - 59 DIVISION

Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	38	Terry Harkey	SHREVEPORT LA	55	56	11:13	2:30	2:05	48:03	16.2	1:54	36:19	14:32	1:39:33	

MALE 60 - 64 DIVISION

Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	114	William Simpson	MARSHALL TX	64	64	9:22	2:05	1:42	44:36	17.5	2:30	32:55	13:10	1:31:02	

FEMALE 60 - 64 DIVISION

Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====

MALE 65 - 99 DIVISION

Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
1	39	Joe Hinton	BOSSIER CITY LA	68	68	10:25	2:19	1:22	40:59	19.0	1:04	24:41	9:53	1:18:29	
2	89	PETESY MILLER	SHREVEPORT LA	69	70	12:06	2:42	1:13	41:02	19.0	0:32	27:18	10:56	1:22:09	

FEMALE 65 - 99 DIVISION

Place No.	Name	City	St	Ag	Usat	Age	Swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====