

SUNRISE TRI #2 RUN COURSE

- 2.5 miles
- Out-and-back

TURN BY TURN

- 0.0 mi - Head north and turn left onto Flyer Dr.
- 0.1 mi - Turn left onto Knight St.
- 0.3 mi - Turn right onto E. Preston Ave.
- 1.2 mi - Turn right onto Captain Shreve Dr.
- 1.25 mi - Turn around and head south on Captain Shreve Dr. (near Rollin' In the Dough)
- 1.3 mi - Turn left onto E. Preston Ave.
- 2.2 mi - Turn left onto Knight St.
- 2.4 mi - Turn right onto Flyer Dr.
- 2.5 mi - Turn right onto YMCA driveway and make a short dash for finish line

